



**The McCusker
Charitable Foundation**

Tip 27 - What girls need from their dads.

As part of The Fathering Projects involvement with your school, I will be including helpful tips and ideas for all fathers and father – figures. I hope these tips will help, inspire and encourage all fathers and father – figures to be the best that they can be, as all fathers and father – figures are critically important in every child’s life. Tips derived from “The Blue Book of Tips for Fathers and Father-Figures”

More involved fathers and father – figures = better outcomes for children.

- Girls need hugs from their father, especially teenage girls.
- A father signals to a girl how she can expect to be treated by men, i.e. “how high she sets the bar”.
- Teach her to only accept respect from men.
- Fathers are important in giving girls confidence.
- Girls need to hear how worthwhile and beautiful they are—not “pretty”, but “beautiful” as a person.
- This will include outer beauty (looks, smile, laughter, eyes, clothing etc.)
- It will also include inner beauty (kindness, friendliness, fairness, curiosity, honesty etc.)
- Help girls to think through manipulative TV and magazine advertising about female looks, behaviour and sexuality.
- Don’t be afraid to ask for forgiveness when you stuff up—this could be a valuable moment for you both.

The Fathering Project is not a counselling service; we are seeking to inspire and equip fathers and father - figures to engage with their children.



If you would like more information about The Fathering Project, you can contact me:
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