## Small changes, big differences.





## **FREE Parenting Discussion Groups**

Mostly, parenting is an enjoyable and positive experience - though it can be challenging at times.

**Triple P Discussion Groups** are short, small group sessions that offer practical advice for tackling specific problem behaviours for children aged 3-8 years. Free take-home workbooks are provided for each topic, so skills and concepts can be shared and practiced at home.

Managing Fighting and Aggression	Hassle-free Shopping with Children
How to help your child solve problems	Get practical strategies to make shopping
& get along with others	tantrum-free (& even fun!)
Thursday 9 <sup>th</sup> August 2018	Thursday 6 <sup>th</sup> September 2018
(Term 3, Week 4)	(Term 3, Week 8)
9:30am – 11:30am	9:30am – 11:30am
Register by Friday 3 <sup>rd</sup> August	Register by Friday 31st August

Sessions are held in the Boardroom at West Byford Primary School, with light refreshments available.

To register, email <u>Brittany.McCarthy@education.wa.edu.au</u> or text / call 0437 548 706 with the session/s you would like to attend. <u>Registration closure dates are listed above.</u>