



Tip 5 – Creating special times with kids.

As part of The Fathering Projects involvement with your school, I will be including helpful tips and ideas for all fathers and father – figures. I hope these tips will help, inspire and encourage all fathers and father – figures to be the best that they can be, as all fathers and father – figures are critically important in every child’s life.

More involved fathers and father – figures = better outcomes for children.

- Try to take each of your kids out regularly for “dad dates” (no other adults, no other kids), e.g. movies, a meal together, time at the local playground, trip to the shops.
- Spend that date time just listening to them.
- Be intentional about creating these special times, write your plans on a calendar.
- Take each of your children on one-on-one trips, e.g. camping, a bush walk, road trip.
- Involve the child, and their mother, in the planning of such outings.

The Fathering Project is not a counselling service; we are seeking to inspire and equip fathers and father - figures to engage with their children.



If you would like more information about The Fathering Project, you can contact me:
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